

# **Social Emotional Learning (Pre K – 5<sup>th</sup>)**

(Health Curriculum Standards are listed in parenthesis)

## **Preschool:**

1. Introduction to Social Worker/Counselor - Discuss Tribes agreements and how we treat each other
2. Social Emotional Skill lesson - Discuss getting along
3. Social Emotional Skill lesson - Discuss getting along
4. Personal Safety

## **Kindergarten:**

1. Introduction to Social Worker/Counselor - Discuss Tribes agreements and how we treat each other (K.H.1.1.4), (K.H.2.1.3)
2. Discuss bullying and getting along & 4-part Peace Wheel (K.H.2.1.2)
3. Social Emotional Skill lesson - topic selected based on need: (K.H.2.1.2), (K.H.2.1.3), (K.H.3.1.3)
4. Personal Safety

## **1<sup>st</sup> Grade:**

1. Introduction to Social Worker/Counselor - Discuss Tribes agreements & Golden Rule (1.H.2.1.2)
2. Tattling
3. Bullying (1.H.2.1.2)
4. Social Emotional Skill lesson - Emotion management, healthy choices, problem solving, peace wheel (1.H.1.1.4)
5. Social Emotional Skill lesson - Emotion Management, healthy choices, problem solving (1.H.1.1.4)
6. Diversity (1.H.5.1.2)
7. Personal Safety (1.H.1.1.8), (1.H.1.1.3)

## **2<sup>nd</sup> Grade:**

1. Introduction to Social Worker/Counselor - Discuss Tribes agreements & getting along (2.H.3.1.1), (2.H.3.1.3)
2. Bullying:(2.H.1.1.4), (2.H.3.1.1)
3. Social Emotional Skill lesson - Emotion Management, healthy choices, problem solving, peace wheel (2.H.1.1.4), (2.H.5.1.1), (2.H.3.1.2)
4. Social Emotional Skill lesson - Emotion Management, Healthy Choices, Problem solving (2.H.1.1.4), (2.H.5.1.1), (2.H.3.1.2)
5. Diversity (2.H.5.1.2)
6. Personal Safety (2.H.1.1.3)

## **3<sup>rd</sup> Grade:**

1. Introduction to Social Worker/Counselor- Review Tribes agreements; Bullying & Empathy (3.H.2.1.2)
2. Social Emotional Skill lesson - Conflict management, peace wheel (3.H.5.1.1)
3. Social Emotional Skill lesson - Decision making & peer pressure: (3.H.5.5.1), (3.H.2.1.2)

4. Personal Safety (3.H.1.1.3)

**4<sup>th</sup> Grade:**

1. Introduction to Social Worker/Counselor- Review Tribes agreements; Bullying & Harassment (4.H.2.1.2), (4.H.3.1.1), (4.H.3.1.3)
2. Social Emotional Skill lesson - Stress and Coping skills (4.H.1.1.4), (4.H.1.1.10), (4.H.1.1.1)
3. Social Emotional Skill lesson – topic selected based on need: example - conflict management, Girl World; Review STAR and Peace Wheel.

**5<sup>th</sup> Grade:**

1. Introduction to Social Worker/Counselor- Review Tribes agreements; Bullying & Harassment (5.H.3.1.1), (5.H.5.1.1)
2. Social Emotional Skill Lesson – topic selected based on need
3. Sexual Harassment: (5.H.1.1.4), (5.H.3.1.1), (5.H.5.1.1)