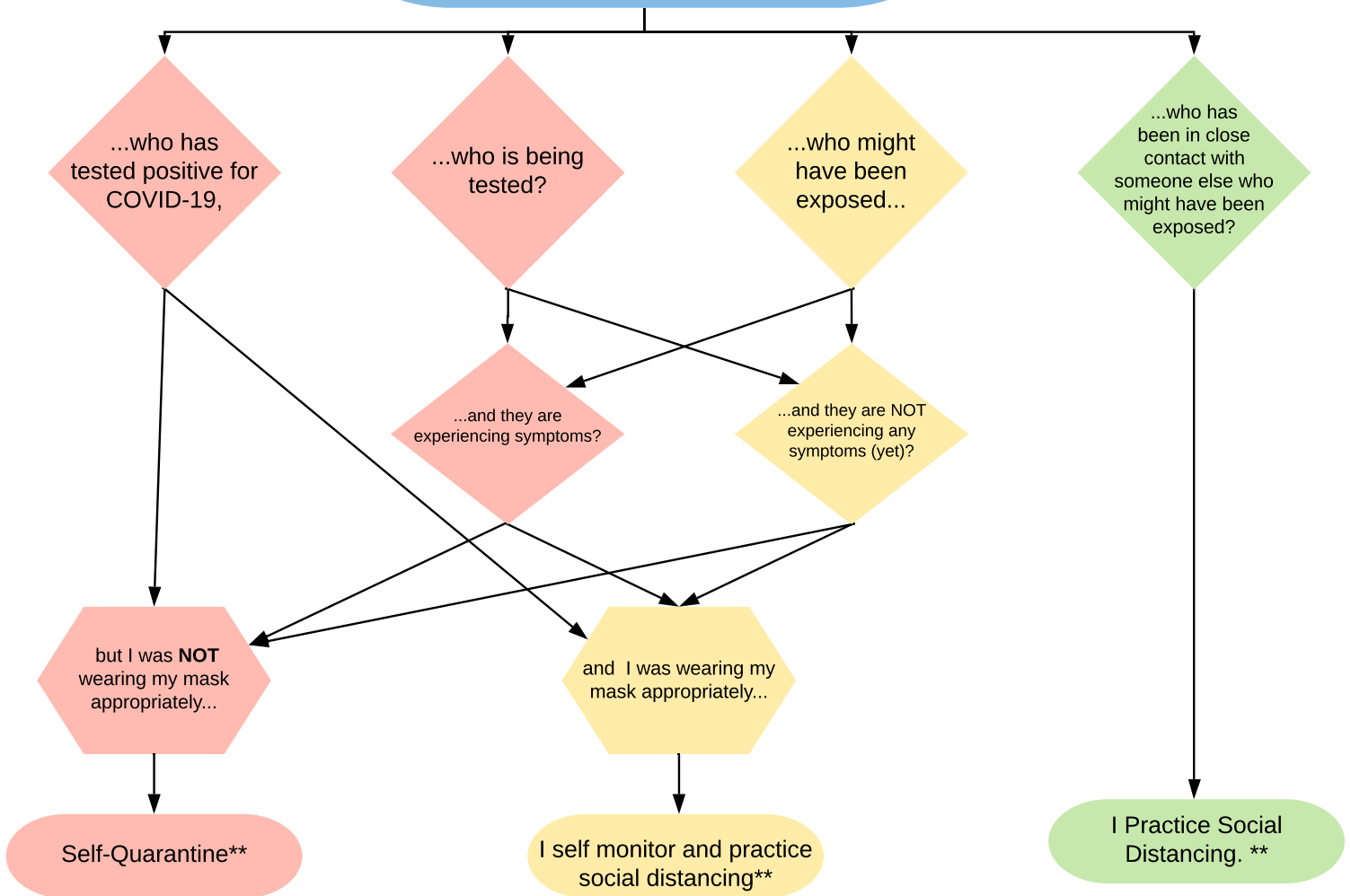


What should I do if...

Updated 08/05/2021

I am NOT vaccinated or a fully vaccinated individual *, who has been in close contact* with someone in and INSTRUCTIONAL SETTING*...



Self-Quarantine (Symptom Free)

- **A: Self-Quarantine for 14 days** (Safest), or
- **B: Self-Quarantine for 10 days**
 - Self-Monitor and Practice social distancing after day 10, or
- **C: Self-Quarantine for 7 days**
 - get tested on day 5 or later,
 - receive negative test result,
 - self-monitor and social distancing after day 7

Self-Monitor

- Be alert for symptoms of COVID-19, especially a dry cough or shortness of breath.
- Take your temperature every morning and night and write it down.
- Call your doctor if you have trouble breathing or a fever (100.4°F/38°C).
- Call first before seeking medical treatment.

Practice Physical Distancing

- Stay home as much as possible.
- Don't physically get close to people.
- Try to stay 6 feet away
- Don't hug or shake hands.
- Avoid groups of people.

** or as directed by Health Care Provider

*For Definitions and Clarifications please refer to *COVID-19 Guidelines for Quarantine*

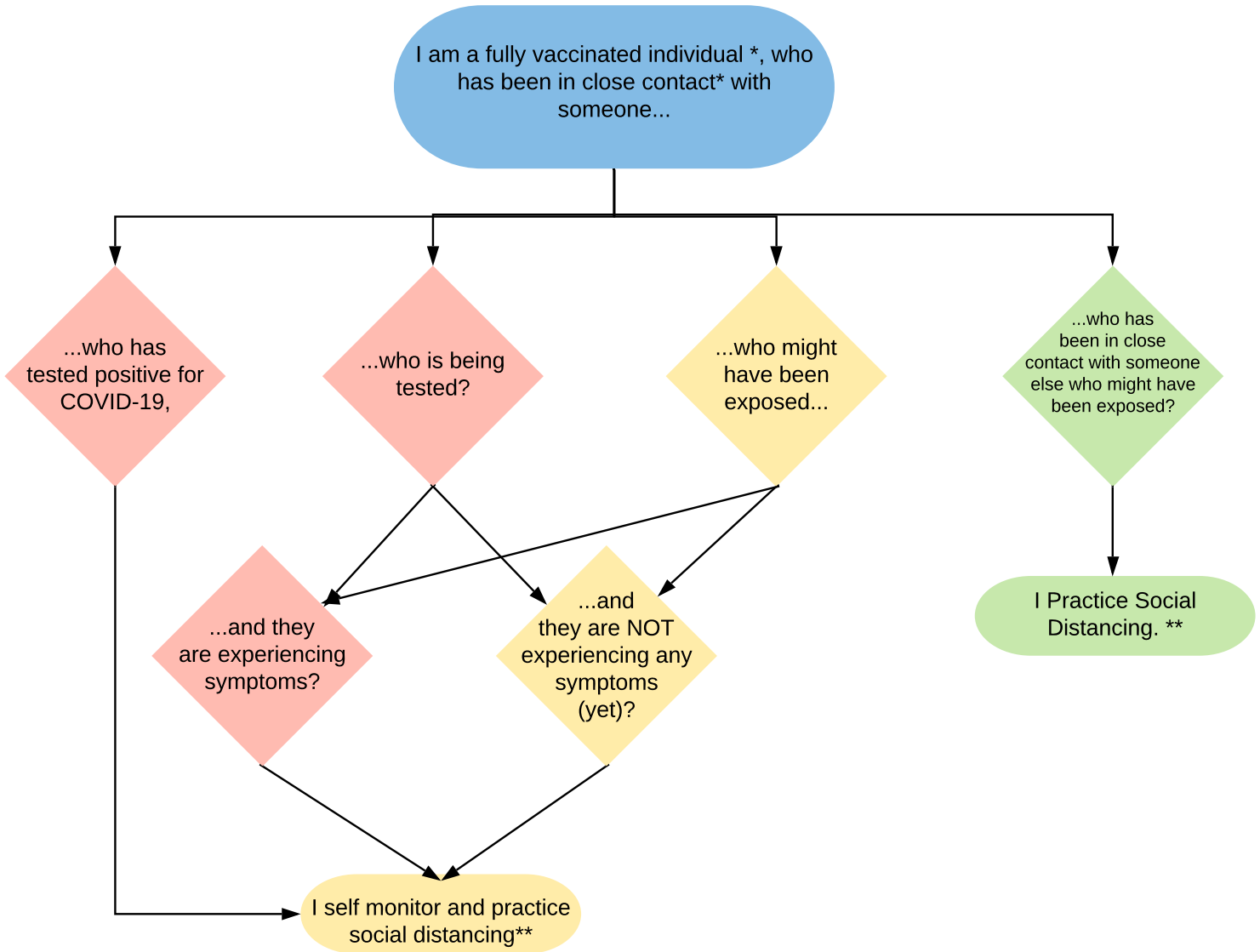
These guidelines may be subject to change based on federal, state, or local guidance; advice from district health partners; or degree of community transmission.

What if I have symptoms? Call your health care provider & be aware, this may change your timeline.

Refer to ***Return to School Criteria***

What should I do if...

Updated 03/02/2021



Self-Quarantine (Symptom Free)

- **A: Self-Quarantine for 14 days** (Safest), or
- **B: Self-Quarantine for 10 days**
 - Self-Monitor and Practice social distancing after day 10, or
- **C: Self-Quarantine for 7 days**
 - get tested on day 5 or later,
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What if I have symptoms? Call your health care provider & be aware, this may change your timeline.

Refer to *Return to School Criteria*