

# Kindness Counts Week

Dates: Jan. 14-18

**Tuesday:** Give 3 different people a compliment

**Wednesday:** Social Media Peace (no cyberbullying for one day) and Kindness Rocks Day

**Thursday:** Wear [blue](#) to represent peace and kindness

**Friday:** Apologize to one person whose feelings you think you hurt



ONE KIND WORD  
can change  
someone's  
entire day

The Golden Rule



**BE KIND**  
for **EVERYONE**  
YOU MEET IS  
**FIGHTING**  
a **HARD** battle  
— PLATO —