

Eighth-Grade Health

| Unit Title | Themes/Skills | Major Activities |
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| Challenge By Choice: what level do you choose? | Adventure | -Team building, communication, trust, and problem solving with group initiatives and low ropes elements. |
| You are what you eat. | Nutrition | -Snack Shack Project |
| How are you feeling? | Emotional Wellness | -Personal Portfolio Project -Crisis Hotline Suicide Presentation |
| What's happening to you? | Human Sexuality | -STI Presentation by school nurse -Healthy Teen Relationships Presentation by The Advocates |
| What will your choices do for you? | Drug Education and Healthy Alternatives | -Pick and choose refusal skills role play |

Supplies needed for class: flash drive, single-subject notebook, pencil

GRADING

In Class Work and Projects-ICWP (45% of semester grade): Homework and projects are expected to be turned in on the assigned due date. Special circumstances will arise throughout the semester and accommodations can be made on assignments. It is the <u>student's</u> responsibility to arrange for missed assignments.

MLE (30% of semester grade): Major and Minor Learning Experiences will cover a variety of topics and will take place at the end of the work-week.

Classroom participation (25% of semester grade): You are expected to participate respectfully in various discussions, presentations, debates, and role-plays.

Homework Policy: Curriculum is designed to be completed in class, but is not always possible.

If a student is absent: See teacher before school, during lunch, after class, or after school.

Class Rules:

BE RESPECTFUL
BE RESPONSIBLE
BE READY TO LEARN
BE HERE AND PRESENT
BE YOURSELF

Classroom Discussion Rules and Procedures

- 1. Raise your hand and wait to be recognized
- 2. No gossiping
- 3. Don't use the names of other people
- 4. Use correct/proper terms

- 5. Speak for yourself
- 6. Do not ask personal questions

of discussion

Hallway Pass Procedures: Students must always carry a hallway pass, and use it for its intended purpose. Students abusing this privilege will have their rights of use taken away.

Work Time: It is important that one uses their time wisely. Class time will be given to work on the specific lesson learned each day to allow time for specific questions and clarification.