



Fall Campout Packing Checklist:

Check off each item as you pack it

Tip: Put your name on all of your gear!

Unplug to Recharge: All Wood River Middle School Outdoor Trips are technology free. Unless it is a camera or specifically approved please leave your technology at home.

- Lunches for Monday and Tuesday
- Backpack - Your backpack is one of the most important pieces of equipment. It must fit you and be large enough to hold all of your gear.

Head/Hands

- Wool or fleece hat (ski hat)
- Brim hat
- Lightweight wool/polypro gloves

Tops

- 2 synthetic or lightweight wool shirts (Baselayer)
- Wool sweater, pile jacket or down/fiberfill sweater
- Down or Fiber filled Puffy (or insulated coat)
- Waterproof shell or raincoat

Bottoms

- 1 pair shorts
- Long underwear – bottoms
- Underwear 2-3
- Lightweight shell bottoms

Feet

- Boots - lightweight leather or Gore-tex hiking boots or sturdy trail running shoes
- 2-3 pairs wool or polypro socks
- Tevas/flip flops/water shoes (great for stream crossings and around camp)

Sleeping

- Sleeping bag (3 season/rated 0-20 degrees) down or synthetic filled only, with stuff sack
- Sleeping pad: If you bring a thermarest consider a patch kit



Miscellaneous (but important!)

- Plastic cup, bowl, spoon, Insulated cups with a top are the best. Both the bowl and spoon should be sturdy.
- Lightweight flashlight or headlamp - make sure you check the batteries
- Camp chair e.g. Crazy Creek (optional)
- Matches or lighter in waterproof container
- Sunglasses
- Sunscreen
- Bathroom articles: toothbrush, floss, toothpaste, female hygiene products (tampons, pads, etc.)
- Hair elastics/hairbrush/comb (optional)
- Pocketknife
- Water bottle (2 recommended) Make sure they do not leak
- Insect repellent
- Two large trash bags (line your pack with one to keep all contents dry in wet weather)
- Camera
- Book (optional)
- Bandana/Buff (optional)
- Any personal medications (Labeled with your name and stored in an Rx pill bottle)
- Snacks for all days (Granola bars, Powerbars, Clif bars, energy gels, GORP, etc.)

Group Gear - you may be assigned to bring (will be decided at a student lunch meeting)

- Tent
- Stove and Fuel
- Cooking pots
- Water purification pump - if you own one

If there is any equipment you do not own please ask your trip leaders before purchasing items!