



# STAY SAFE & HEALTHY!

Our county is experiencing a high rate of illness due to COVID-19, which is impacting our schools. Please keep your child home if they:

1

Have a fever.

2

Are exhibiting ANY of the following:



Shortness of Breath



Cough



Fever or Chills



Congestion or Runny Nose



Sore Throat



Diarrhea or Abdominal Pain



Loss of Smell or Taste



Muscle or Body Aches

3

Have been in close contact with a COVID-19 positive person within the past 14 days. (Close contact is defined as within six feet for more than 15 minutes).

*If any of the above apply to your child or your family, follow the guidelines on the next page and contact your child's school office as soon as possible.*

# Return to School Criteria

## If you are experiencing illness or symptoms

### Everyone, regardless of vaccination status.

- Stay Home
- If symptoms are resolving within 24hrs, you can return to school
- Continue to wear a mask and watch for the return of symptoms
- Contact your health care provider if your symptoms persist beyond 24 hrs

*If you have a fever, continue to stay home until your fever resolves.*

## If you are showing COVID-19 symptoms or Test Positive for COVID-19 (Isolate)

### Everyone, regardless of vaccination status.

- Stay home for 5 days.
- Test on day 5, if possible
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

*If you have a fever, continue to stay home until your fever resolves.*

## If you were exposed to someone with COVID-19 (Quarantine)

### If you:

Have been boosted

### OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

### OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

*If you develop symptoms, get a test and stay home.*

### If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

### OR

Completed the primary series of J&J over 2 months ago and are not boosted

### OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

*If you develop symptoms, get a test and stay home*

**\*\*** To calculate your 5-days, day 0 is the first day of symptoms or the date of the day the positive viral (PCR) test for asymptomatic persons.

## What [test](#) should I take?

Take a *Viral Laboratory Test*. This identifies current infections. The most accurate viral test is a laboratory test, such as the RT-PCR and NAATs, because it identifies both asymptomatic and symptomatic people.

*Antigen tests* are only useful, and conclusive, if you have symptoms. If you have symptoms and a negative Antigen test, manufacturer recommendation is it is best to back it up with a laboratory (molecular) test.

Updated Jan 2022

These guidelines are subject to change based on federal, state, or local guidance; advice from district health partners; or degree of community transmission.